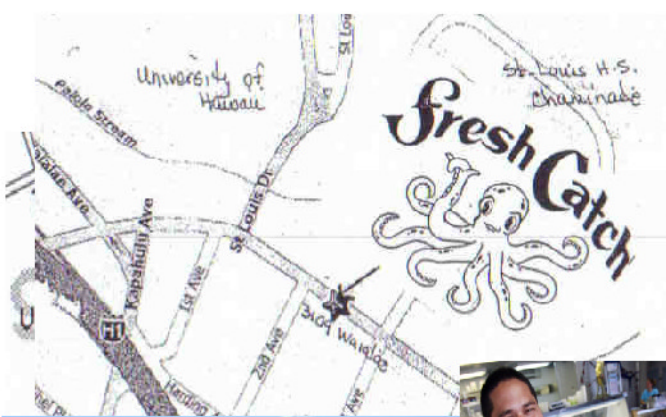


Reno Henriques', Chef & Owner of Fresh Catch, dream of owning an "Island Style" Seafood & Meat Deli became a reality with the opening of this "one-stop" poke picnic & tailgating deli. Reno graduated from St. Louis H.S. and the Western Culinary Institute in Portland, Oregon. Growing up next to the ocean, fishing diving and preparing seafood dishes was his passion. Over the years he's worked to perfect his local style dishes. Fresh Catch offers residents and visitors seafood & meats prepared "Island Style". Teaming up with his brother, Dominic Henriques, owner of RRR Recycling, customers who redeem HI-5 cans at RRR's 3109 Waialae Redemption Site will get a 5% discount on Fresh Catch purchases.



3109 Waialae Ave. (across City Mill)



We accept the following payments

Cash - Debit - Credit Cards

Stop By Fresh Catch

for some of the best poke in town



Honolulu, Hawaii

Take Out Seafood & Meats

Located at 3109 Waialae Ave
Kaimuki, Hawaii

Your One Stop Deli

POKE Made Fresh Daily

PLATE LUNCH - BENTO-

BBQ MEATS & CHICKEN

OXTAIL SOUP - SALAD

SANDWICHES

Hours of Operation

Tuesday/Wed/Thursday/Friday

10:00 a.m. - 7:30 p.m.

Saturday 8:00 a.m. - 7:30 p.m.

Sunday 8:00 a.m. - 5:00 p.m.

CLOSED MONDAY

PHONE: (808)735 - POKE (7653)

FAX: (808)735 - 7654

email: FreshCatch808@aol.com



3109 Waialae Ave.

HOURS OF OPERATION

Mon/Tues/Wed/Fri 10:00 a.m. - 6:00 p.m.

Sat & Sunday 9:00 a.m. - 5 p.m. **CLOSED THURS**

Fresh Catch



POKE & PUPUS

Poke made fresh daily.

Included in our seafood showcase:

Ahi Poke - Aku Poke
Limu Kohu Ahi
Shoyu Poke
Crab Poke
Shrimp Poke
Kimchee Tako
Wasabi Tako
Smoked Tako
Dry Ahi - Dry Aku
Taegu Ahi
Kimchee Topshell
Spicy Tuna
Lomi Oio
Pipikaula Poke
Shrimp
Soy Beans
Sashimi Platters

**Please call for Catering
735 - POKE**



DAILY SPECIALS

Oxtail Soup
Beef Stew

PLATE LUNCH SPECIALS

MONDAY
CLOSED

TUESDAY SPECIAL
Tomato Basil Ono

WEDNESDAY SPECIAL
Teri Furikaki Salmon

THURSDAY SPECIAL
Ahi Casserole

FRIDAY SPECIAL
Miso Teri Mahimahi

SATURDAY SPECIAL
Sauteed Shrimp

SUNDAY SPECIAL
Clam Chowder

PRIME CUTS FRESH MEAT

Your barbeque one-stop
Includes Seasoned Meats

Short Ribs
Beef Teriyaki
Chicken Teriyaki
Charsiu Chicken
Charsiu Pork
Hamburger Patties
Chuck Steak
Smoked Meats
Pipikaula
Skewered Kabobs
Beef - Chicken - Fish
Laulau
Pastele

SALADS

Seared Ahi Salad
Shrimp Asparagus Salad
Hamakua Stuffed Tomato Salad

COLD APPETIZERS

Shrimp Cocktail
Marinated Calimari
Crab Roll
Smoked Marlin Roll

cupcake cupcake
divine desserts
cupcake "deliciously baked especially for you" cupcake

Specialty Cupcakes
Red Velvet with Chocolate Chip
Barbara Bread- Desserts