

He 'ike 'ana ia i ka pono. (It is a recognizing of the right thing.)

FVFVTS on the Frank F. Fasi Civic Center Grounds



National Alliance on Mental Illness

Saturday, October 3, Check-in: 8:00 am, Start Time: 9:00 am

Support raising awareness for people affected by mental illness by participating in Honolulu's NamiWalks.

There will also be free live entertainment, rides for the keiki, food and more!

For more information e-mail info@namihawaii.org, call 808-591-1297 or visit http://www.namihawaii.org.

In Celebration of Hispanic Heritage Month

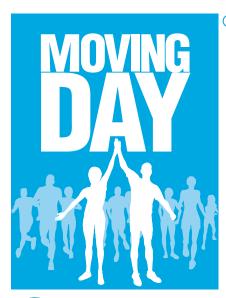
THE ANNUAL

HISPANIC HERITAGE FESTIVAL & HEALTH FAIR

Saturday, October 10, 10:00 am - 9:00 pm *Honoring our past... Building our Future...*

Hawaii's Hispanic Community celebrates
Hispanic Heritage Month in October with the
annual Hispanic Heritage Festival & Health Fair.
Featuring live music and entertainment all day;
food booths; crafters; cultural and art displays;
Latin dance workshops; children's activities;
and much, much more!

For more info call 808-285-0072 or visit http://www.hispaniceventshawaii.com.



Saturday, October 17

9 am

Registration Opens
10 am
3k Walk Starts
11 am
Entertainment
and Prizes

12 noon

Event ends



Join the National Parkinson Foundation
Hawaii Chapter to raise awareness about Parkinson's
disease by participating in their annual run/walk event.
Featuring a resource fair; food booths; a keiki zone with a
bouncer and balloons; and a special Movement Pavilion
featuring yoga, dance, Tai Chi, Pilates, etc. all proven
to help manage the symptoms of PD.

For more info call 808-383-0163, e-mail movingday@parkinsonshawaii.org, or visit http://www.movingdayhawaii.org.



www.honolulu.gov/moca moca-info@honolulu.gov MOCA hotline: 808-768-6666 All exhibits and events are free and open to the public.
 All dates and times are subject to change.
 This newsletter was paid for by the taxpayers of the City and County of Honolulu.



BIKEWAYS on OAHU

September 29 - October 8 Honolulu Hale Courtyard

Presented by the City and County of Honolulu's Department of Transportation Services. View plans, drawings and photos of existing and future bikeways on Oahu.

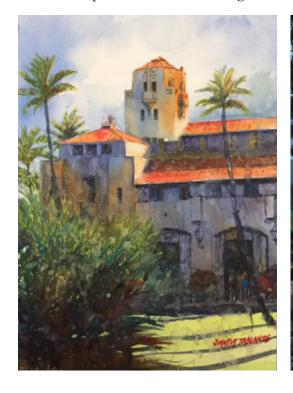


PAMANA

Presented by the Asia-Pacific Arts Consortium

October 13 - 30, Honolulu Hale Courtyard, Opening reception on October 15, 4 - 6 pm

Items of Filipino culture and artwork by local artists will be on display in October, which has been designated Filipino-American Heritage month. In English, the Tagalog word pamana means heritage or legacy.





Kūhiō Beach Hula Show

6:30 - 7:30 pm at the Kūhiō Beach Hula Mound, near the Duke Kahanamoku statue, beachside at Uluniu & Kalākaua Avenue in Waikīkī, weather-permitting. Outdoors, casual. Seating on the grass; beach chairs, mats, etc. okay. Cameras are welcome.

Tuesdays

Ainsley Halemanu and Hula Hālau Ka Liko O Ka Palai **Thursdays**

Joan "Aunty Pudgie" Young and Puamelia

Saturdays

~ Oct 3 Kale Pawai and Hālau Nā Pua Mai Ka Lani ~ Oct 10 Coline Aiu and Hālau Hula

O Maiki

~ Oct 17 NO SHOW (Food Truck Festival on Kalakaua)

~ Oct 24 Lilinoe Lindsey and Ka Pā Nani O Lilinoe

~ Oct 31 NO SHOW

(Halloween Festivities in Waikīkī)

Schedule is subject to change without notice. For more info call 808-843-8002

Royal Hawaiian Band

~ Tolani Palace Oct 2, 9, 16, 23 & 30, 12 noon ~ Kapi'olani Bandstand Oct 4, 11 & 25 2:00 pm ~ Ala Moana Centerstage Oct 7 & 21, 11:00 am

~ Oct 2, 5:00 pm Mahatma Gandhi Day and International Day of Nonviolence Gandhi Statue outside the Honolulu Zoo

~ Oct 3, 9:00 am Queen Emma Summer Palace ~ Oct 31, 12:00 noon Windward Mall